

Belgrave St. Bartholomew's Academy

Principal: Mrs K. Deaville



Relationships and Sex Education Policy 2021

If you would like this translated in Urdu, please contact the school office.

آپ اردو ترجمہ میں یہ خط چاہتے ہیں تو، اسکول کے دفتر سے رابطہ کریں۔

RELATIONSHIPS AND SEX EDUCATION POLICY

What is Relationships and Sex Education?

Relationships and Sex Education is the lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage and loving stable relationships, love, care and respect for family life. It recognises that there are different models for a successful family life. It is also about the teaching of sex and sexuality. It is not about the promotion of sexual orientation or sexual activity.

Relationships and Sex Education, both teaching and raising awareness, is a responsibility we share with parents, families and the wider community. The policy is consistent with the school's Statement of Values.

Most aspects of Relationships and Sex Education are covered through the National Curriculum subjects of Science and PSHE. Year 6 children will receive a puberty talk from the school nurse linked to the Science curriculum.

Parents **do not** have the right to withdraw their children from any parts of the Relationships and Health Education aspects of the RSE curriculum.

The programme of teaching will:

- encourage awareness, respect and responsibility for oneself and sensitivity to the feelings and attitudes of others
- be developmental and appropriate to the age and emotional development of the child
- provide factual knowledge and encourage the discussion of facts
- examine stereotypes and role play situations

Emotions such as love, joy, anger, fear, hate, trust and respect will be raised and explored. All discussions and conversations will be conducted in an atmosphere of mutual respect and understanding of each other's feelings. Teachers will use their skill and discretion in addressing difficult questions, taking into account the age, maturity and understanding of individual children.

Teachers will talk with parents, should there be an issue, which the teacher feels the parents need to know about, or that a parent would wish to know about. All visitors, who are invited to help with the delivery of Relationships and Sex Education, will work within the school policy and alongside teaching staff.

The following framework for Relationships and Sex Education outlines possible areas which might be covered.

PSHE Programme of Study

Foundation Stage

The '**Development Matters**' document is used as a basis for small group PSHE focussed discussions and scenario building. Areas for discussion include: feelings, emotions, family, behaviours, sharing, positive attitudes etc.

In Key Stage 1 and 2, we use the Jigsaw scheme as the basis for our RSE lessons. A breakdown of each unit is available on the school website and shows exactly what each year group will be learning in each lesson throughout the year.

Throughout the year, children will be learning about:

Key Stage 1

Health and Wellbeing

- A healthy lifestyle
- Keeping physically and emotionally safe
- Physical, mental and emotional health and wellbeing

- Risks to physical and emotional health and wellbeing
- Managing change, including lifecycle of the body, transition and loss

Relationships

- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Respecting equality and diversity in relationships
- Risky or negative relationships (including all forms of bullying and abuse) and how to ask for help

Living in the Wider Worlds with links to British Values

- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- Money (origins, keeping it safe, management and it's importance)

Lower Key Stage 2

Health and Wellbeing

- Keeping physically and emotionally safe
- Physical, mental and emotional health and wellbeing
- Risks to physical and emotional health and wellbeing
- Making informed choices about health and wellbeing

Relationships

- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Risky or negative relationships (including all forms of bullying and abuse) and how to ask for help

Living in the Wider Worlds with links to British Values

- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- How money plays an important part in people's lives

Upper Key Stage 2

Health and Wellbeing

- Managing change, including puberty, transition and loss
- How to respond in an emergency
- Different influences on health and wellbeing

Relationships

- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Risky or negative relationships (including all forms of bullying and abuse)
- Respecting equality and diversity in relationships

Living in the Wider Worlds with links to British Values

- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- How money plays an important part in people's lives

During Year 6, boys and girls will have separate talks, followed by the 'puberty plus' talk which will be led by the school nurse and be delivered to the whole year group. Parents will have the opportunity to discuss any issues with their child's class teacher.

Monitoring and Review

The PSHE Subject Leader provides support and advice to other members of staff, monitors quality of teaching and is responsible for evaluating and reviewing the programme and provision for Relationships and Sex Education across the school.

They will also further staff development by providing opportunities for staff to update and extend their knowledge and expertise in Relationships and Sex Education through staff meetings and training sessions where appropriate.

Reference should also be made to the Academy Equality, Diversity and Cohesion Policy and Scheme to which the contents of this policy forms part.

Date of Policy: September 2021

Date of Review: September 2022