

At St. Michael's Community Academy we look to engage all our pupils in physical activity. Our approach is inclusive of any physical, emotional or learning barrier.

Our aim is to support all our children in accessing different areas of sport and to have a continuing involvement in physical education.

We strongly believe in giving all our children a 'voice' via our school sports leaders and our organising committee.

We have a fully inclusive PE curriculum in school delivered by two qualified sports coaches. All children take part in at least two hours of high quality PE lessons. Pupils are motivated in attainable yet challenging learning activities. We continue to put in place interventions to support learning with the use of TA's and differentiated lessons. It is imperative that all our children have a positive experience during PE and that learning

through having fun develops into a lifelong passion for sport.

All our children in years 1-6 have taken part in level 1 intra school competitions during PE lessons.

Children in KS2 have taken part in several Level 2 competitions, including rugby, boccia, hockey, indoor athletics and rounders. This is achieved at the end of every half term to showcase the sport they have been taking part in during that term.

All our children have been assessed in 5 areas of PE during the autumn and summer term. Children have then had the opportunity to compete and achieve their personal best in all these areas. Children have also taken part in National Sports Week and we have organised two sports afternoons in which the whole school took part in several different activities.

All our children have been given the opportunity to take part in the 'active mile'. We have encouraged everyone to come out during the school day for brain breaks. These extra activities have had a huge impact on

whole school behaviour, meaning that pupils are able to concentrate more on lessons when in class.

Within our school, pupils have a good understanding of the importance of fitness, healthy eating and a healthy lifestyle through our Change 4 life programme. Small groups of children were taken for extra activities and fun games.

We are also passionate about learning outside the classroom and we have run a Forest Schools programme. Children were able to explore the outdoors and gain a new and different way of learning.

During lunch times our sports coaches have put on activities each day, such as, football, hockey and cricket and ball games are encouraged during morning break.

Children in years 5 and 6 have taken part in swimming lessons during this school year.

Our year 6 children took part in a gymnastics session at LS Gymnastics in Crewe where they took part in tumbling and jumping activities.

Ms Karen Hayton
PE subject leader